

# BRIDGING THE GAP

Getting Cancer Patients and  
Families on the Same Path

**A CONTINUING EDUCATION WORKSHOP  
FOR HEALTH CARE PROFESSIONALS WITH:**

Tom Large, LCSW-C  
Clinical Director  
HopeWell Cancer Support

And the Clinical Staff from  
HopeWell Cancer Support

**FRIDAY, APRIL 30, 2010  
8:30 AM TO 12:15 PM  
10628 FALLS ROAD  
LUTHERVILLE, MD 21093**

APPROVED FOR 3 SOCIAL WORK CATEGORY I CEUS  
BY THE MD BOARD OF SOCIAL WORK EXAMINERS

**HopeWell Cancer Support's mission** is to create a community  
for all people with cancer, their families and friends,  
that encourages an exchange of information,  
the development of a support system and the presence of hope.

HOPEWELL CANCER SUPPORT IS AN APPROVED SPONSOR OF THE MARYLAND  
BOARD OF SOCIAL WORK EXAMINERS FOR CONTINUING EDUCATION CREDITS  
FOR LICENSED SOCIAL WORKERS IN MARYLAND.



**HopeWell**  
CANCER SUPPORT



# Purpose

Helping patients during their cancer journey usually involves contact with those they live with and members of the extended family. Knowing how a family works, who plays key roles within the family, where support is needed and who may be causing unnecessary stress can make an enormous difference in patients' abilities to cope with their problems.

The purpose of this seminar is to highlight the effect of the family on both the patient and oncology professionals. An understanding of family dynamics, family stress patterns and coping responses is crucial to treating the family as the unit of care for the patient. The sessions will review concepts of family systems useful for clinicians who work in oncology. Case examples will illustrate the use of family-oriented interventions to lower patient stress and increase family support for the patient. Participants will gain a new understanding of family dynamics and how they effect the patients as they go through treatment. The sessions will explore the enumerable ways families define the term "cancer."

## OBJECTIVES

*Participants will:*

- Enhance their understanding of the issues and challenges families face when a loved one is living with cancer.
- Understand the family as the unit of care and how families respond to a cancer diagnosis.
- Explore clinical dilemmas revolving around the family as the unit of care.
- Identify strategies to help families maintain or increase cohesiveness when dealing with cancer.

# Schedule

**8:30 – 9:00 a.m. Registration and Coffee**

**9:00 – 9:50 a.m. Welcome and Introductions**

**The Rationale: Why a Family Perspective**

**The Family as the Unit of Care:  
A Basic Orientation**

- How Families Interact and Function
- What Does "Family" Mean in 2010
- Barriers to Working with the Family as a Whole
- The Issues and Challenges Families Face

**9:50 – 10:30 a.m. The Impact of Cancer on Family Members**

**Coping with the Threat Posed by Cancer:**

- Couples
- Children
- Teens
- Extended Family

**10:30 – 10:45 a.m. Break**

**10:45 – 12:15 p.m. Helping Families Stay Healthy in the Face of Cancer**

**Round Table Sessions and Group Problem Solving**

**Wrap Up and Evaluation**

**Lunch**

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**COST** \$45.00 (includes continental breakfast, lunch and materials)  
A confirmation letter will be sent upon receipt of registration  
and payment. Payment is due by April 26, 2010.

**TO REGISTER** Return the registration form along with a check payable  
to HopeWell Cancer Support. Our address is P.O. Box 755,  
Brooklandville, MD 21022.

 **FOR MORE INFORMATION, PLEASE CALL 410.832.2719**

## REGISTRATION FORM

**NAME** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**PHONE** \_\_\_\_\_

**FAX** \_\_\_\_\_

**EMAIL** \_\_\_\_\_

**EMPLOYER** \_\_\_\_\_

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