

Programs for Children, Teens and their Adult Loved Ones

A Cancer Diagnosis in the Family Affects Everyone

CHILDREN AND TEENS

The unwelcome presence of cancer impacts every member of the family. These groups offer an intentional space for discussion, exploration and the development of tools for coping. They are structured to provide expressive, age specific activities as well as a place to gather, find commonality and build friendships.

Feeling and Dealing:

This **in person** group is for children or teens 5-17 who have an adult loved one diagnosed with cancer.

Feeling and Healing:

This **in person** group is for children and teens 5-17 who have experienced a death of an adult loved one to cancer.

FAMILY CIRCLE MONTHLY EVENTS:

These in person events are for families with children and teens, ages 5-17, faced with cancer.

Coming together for these fun, interactive and supportive events can reinstate a sense of normalcy that is so important to maintain. With these programs, we “hold the space” for you to engage in a variety of family- friendly activities along with other families who are balancing life with cancer.

THEIR ADULTS

Adult groups run in tandem with our child and teen programings providing an opportunity of support for the whole family.

Raising Children, Facing Cancer:

This **hybrid** group is for parents dealing with cancer while raising their children. This group provides a space to connect with other parents and share the challenges of dealing with cancer while raising your family

Parenting through Grief: Learning to Thrive:

This **hybrid** group is for parents who have had a partner or spouse die of cancer while raising their children.

In this group bereaved parents will be able to focus on their own grieving. Participants will have the opportunity to support each other as they learn to pick up the pieces and move forward while grieving the death of their partner. The group centers on the challenges involved in navigating the complexities of raising and supporting children on their own, dealing with the isolation, loneliness, and managing relationships old and new.

Through participation in these programs, parents, children and teens find peer support, relief from stress and opportunities for open and direct communication within the family.

HopeWell's mission is to create a community for all people with cancer, their families, and friends, that encourages an exchange of information, the development of a support system, and the presence of hope.

FOR MORE INFORMATION EMAIL FAMILY@HOPEWELLCANCERSUPPORT.ORG
WWW.HOPEWELLCANCERSUPPORT.ORG | 410.832.2719
10628 FALLS RD, TIMONIUM, MD 21093, ON FALLS RD NEXT TO MEADOWOOD PARK